

h2h Coaching Academy Overview

As business leaders and professionals, we all experience times in our career when we need tailored, confidential, exploratory support that is in a safe yet challenging environment and that will impact directly on personal and business success.

In h2h, our coaches can provide a confidential space for individuals or teams to share, reflect, explore, strategise, plan, implement, and evaluate changes that are critical to them and that then positions them to make an even greater contribution to business success.

We have been providing this service for over 20 years to leaders and professionals in a wide range of organisations and with a track record of enabling sustainable change.

h2h has an experienced team of over 20 coaches who have high personal integrity and a range of styles and approaches. All our coaches have business experience, accredited coaching qualifications, subscribe to a professional code of ethics and have supervision arrangements in place.

Coaching Services

Our coaching services that are tailored to the individual's specific needs, including:

One-to-one coaching

- Executive coaching
- Business coaching for key people

Transition coaching

- First 100 days coaching / senior leader onboarding.
- Internal career transitions, exploring and determining career plans. This is supported by our online career development toolkit.
- Exit and outplacement coaching through our newleaf career transition coaching toolkit and supporting programmes.
- Pre-retirement coaching.

Team coaching

- Coaching leadership teams.
- Coaching project / functional / other intact teams.
- Peer coaching groups as part of one of our leadership programmes.

Developing internal coaching and mentoring capability

- Coaching skills for leaders and managers.
- Advanced coaching skills for a cadre of internal coaches.
- Coaching Supervision to support your internal coaching capability.

Contact

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